

SOMATIC EXPERIENCING® PROFESSIONAL TRAINING

Intermediate I/II

Date : 18-23 April 2024
Time : 9am - 5pm
Venue : Village Hotel Bugis
390 Victoria Street
(near Bugis MRT)
Course Fee : SGD3,200
Early Bird : SGD3,100 (ends on 1 Feb)
PCG Funding available

REGISTRATION IS NOW OPEN!

email: enquiry@livingstreamsttc.com
www.livingstreamsttc.com



Developed by Dr. Peter A. Levine, Somatic Experiencing® (SE) is an integrative approach to trauma healing, resolution and prevention. Underpinning SE is a psychobiological framework that taps on the innate ability of our nervous system to restore equilibrium and wholeness after a traumatic incident.

The complete training program consists of three levels. Each level is made up of two modules of six days each (36 hours each module).

INTERMEDIATE LEVEL

Examine the different categories and causes of traumatic shock and approaches to treating each case including:

- Global High Intensity Trauma: surgery, electrocution, hallucinogens, drowning, suffocation, strangulation, fetal distress, traumatic birth, intrauterine stress, and invasive medical procedures in utero.
- Inescapable Attack : wild animals, rape, war, bombings, physical abuse, mugging, incest, molestation.
- Physical Injury : surgery, anesthesia, burns, poisoning, hospitalisations, stabbing, gunshot wounds.
- Failure of Physical Defense : falls, high impact accidents, head injury.
- Emotional Trauma : severe neglect and abandonment, severe loss, ongoing abuse.
- Natural Disasters : earthquakes, fires, tornadoes, floods, social dislocation from the natural world and community.
- Horror : seeing an accident (especially with blood, gore), watching someone else be abused, raped, killed or tortured, killing or hurting someone yourself.
- Torture and Ritual Abuse : war torture, repeated rape in war, concentration camp, and systematic abuse (sometimes with the person drugged).

TRAINER

Dr. Abi Blakeslee, SEP, CMT, MFT, Ph.D is faculty at the Somatic Experiencing Trauma Institute and Foundation for Human Enrichment. She is additionally Dr. Peter Levine's legacy faculty at Ergos Institute for Somatic Education. Dr. Blakeslee holds a Ph.D. in Clinical and Somatic Psychology and is a licensed marriage and family therapist.

**OFFERED BY SOMATIC EXPERIENCING®
INTERNATIONAL, USA, WITH
LIVING STREAMS TTC, SINGAPORE**



WHO WILL BENEFIT

SE Training is designed to train professionals in helping clients deal with trauma and is not intended to be a personal self-help course.

- For mental health and healthcare professionals, psychotherapists, expressive arts therapists, psychiatrists, doctors, social workers, psychologists, counsellors, physical/ body therapists, educators, other allied professionals and those working with traumatised victims at crisis relief etc.

Applicant for the training is preferably a member of a professional and regulatory body with a code of ethics, and has an active practice. Exceptions are made for students of a recognized therapeutic training, or in internship programme with supervision.

Please note that all applications will be reviewed. Applicant may be contacted if more information is required to assess eligibility for the training.

TRAINER FOR BEGINNING & INTERMEDIATE LEVEL

Dr. Abi Blakeslee, SEP, CMT, MFT, Ph.D is faculty at the Somatic Experiencing Trauma Institute and Foundation for Human Enrichment. She is additionally Dr. Peter Levine's legacy faculty at Ergos Institute for Somatic Education. Dr. Blakeslee holds a Ph.D. in Clinical and Somatic Psychology and is a licensed marriage and family therapist. Her dissertation, with a committee that included Dr. Daniel Siegel, generated original research on the role of implicit memory in healing trauma.

Dr. Blakeslee integrates SE with clinical research, secondary trauma interventions, and the psychobiological principles of attachment and shock trauma. She treats individuals, couples, children and families in her clinical practice. Her recent publications are in the International Journal of Neuropsychotherapy (Vol 7 Issue 3 and Vol 5 Issue 1) with Dr. Joseph Riordan and Dr. Peter Levine titled, "Attachment Focused-Somatic Experiencing®: Secure Phylogenetic Attachment, Dyadic Trauma, and Completion Across the Life Cycle" and "Toddler Trauma: Somatic Experiencing, Attachment and the Neurophysiology of Dyadic Completion".

Dr. Blakeslee teaches and consults worldwide. She lives in Bozeman, Montana, with her husband and enjoys the snow, mountains, and rivers with her three young children.



For more information,
email: enquiry@livingstreamsttc.com
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