

SOMATIC EXPERIENCING® PROFESSIONAL TRAINING

Generation 3 Intermediate II/III

Date : 27 Jan - 1 Feb 2026
Time : 9am - 5pm
Venue : La Salle House
490 East Coast Road
Singapore 429058
[next to Marine Terrace MRT Station - Exit 4]
Course Fee : SGD3,100 (incl 2 tea breaks & lunch)
Early Bird : SGD3,000
(ends on 31 Dec 2025)

PCG non-preapproved Funding available

REGISTRATION IS NOW OPEN!

email: enquiry@livingstreamsttc.com

www: www.livingstreamsttc.com



Developed by Dr. Peter A. Levine, Somatic Experiencing® (SE) is an integrative approach to trauma healing, resolution and prevention. Underpinning SE is a psychobiological framework that taps on the innate ability of our nervous system to restore equilibrium and wholeness after a traumatic incident.

The complete training program consists of three levels. Each level is made up of two modules of six days each (36 hours each module).

INTERMEDIATE LEVEL

Examine the different categories and causes of traumatic shock and approaches to treating each case including:

- Global High Intensity Trauma: surgery, electrocution, hallucinogens, drowning, suffocation, strangulation, fetal distress, traumatic birth, intrauterine stress, and invasive medical procedures in utero.
- Inescapable Attack : wild animals, rape, war, bombings, physical abuse, mugging, incest, molestation.
- Physical Injury : surgery, anesthesia, burns, poisoning, hospitalisations, stabbing, gunshot wounds.
- Failure of Physical Defense : falls, high impact accidents, head injury.
- Emotional Trauma : severe neglect and abandonment, severe loss, ongoing abuse.
- Natural Disasters : earthquakes, fires, tornadoes, floods, social dislocation from the natural world and community.
- Horror : seeing an accident (especially with blood, gore), watching someone else be abused, raped, killed or tortured, killing or hurting someone yourself.
- Torture and Ritual Abuse : war torture, repeated rape in war, concentration camp, and systematic abuse (sometimes with the person drugged).

TRAINER

Glyndie Nickerson is a faculty member at Somatic Experiencing International, and teaches the Beginning and Intermediate years of the SE training, as well as supporting SE students and graduates through group and individual consultations.

**OFFERED BY SOMATIC EXPERIENCING®
INTERNATIONAL, USA, WITH
LIVING STREAMS TTC, SINGAPORE**



WHO WILL BENEFIT

SE Training is designed to train professionals in helping clients deal with trauma and is not intended to be a personal self-help course.

- For mental health and healthcare professionals, psychotherapists, expressive arts therapists, psychiatrists, doctors, social workers, psychologists, counsellors, physical/ body therapists, educators, other allied professionals and those working with traumatised victims at crisis relief etc.

Applicant for the training is preferably a member of a professional and regulatory body with a code of ethics, and has an active practice. Exceptions are made for students of a recognized therapeutic training, or in internship programme with supervision.

Please note that all applications will be reviewed. Applicant may be contacted if more information is required to assess eligibility for the training.

TRAINER FOR BEGINNING & INTERMEDIATE LEVEL

Glyndie Nickerson is a faculty member at Somatic Experiencing International, and teaches the Beginning and Intermediate years of the SE training, as well as supporting SE students and graduates through group and individual consultations.

Glyndie also teaches workshops on SE and spiritual practice, co-regulation, and grief. Trusting and learning from nature and the moment by moment unfolding of the body's wisdom has been a lifelong fascination and practice, and led to an early engagement with somatic and healing approaches starting in 1993.

Glyndie's SE teaching is informed by current neuropsychological research, the biopsychosocial model, object relations, attachment theory, family systems, Jungian, and relational psychoanalysis perspectives, as well as the creative and spiritual blossoming that curiously often accompanies post-traumatic growth. Her meditation practice anchors her work.



For more information,
email: enquiry@livingstreamsttc.com
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